Saving Lives
Without Borders

إنقاذ الحياة
بلا حدود

4th Arab Resuscitation Council Scientific Conference

المؤتمر العلمي الرابع لمجلس الإنعاش العربي 2026



4th 15-17 OCTOBER 2026

InterContinental Dubai Festival City

Dubai, United Arab Emirates

E-book

CME ACCREDITTED

For Life, We Meet
نجتمع، من أجل الحياة

مجلس الإنعاش العربي
ARAB RESUSCITATION COUNCIL®

Dear Colleagues,

On behalf of The Arab Resuscitation Council Executive and Organizing Committees, we are pleased to invite you to the 4th Arab Resuscitation Council Scientific Conference which will be held from Thursday to Saturday, **15 – 17 October 2026** in Dubai, United Arab Emirates.

Our mission in The Arab Resuscitation Council is to promote, disseminate and advocate the implementation of evidence-based resuscitation and first aid, using evidence based scientific data. We are working with our in-country local partners and supporters to ensure that everyone in their country gets the right skills to save a life. We aim to raise awareness and support research, through high standards of education, trainings and research.

The 4th Arab Resuscitation Council Scientific Conference provides a unique opportunity for manikin and simulation equipment in addition to other healthcare product's manufacturers to unveil new products, showcase research findings and engage directly with their intended audience – decision makers, healthcare providers, researchers and practitioners – in order to exchange knowledge and explore innovative educational techniques. Attendees can expect to network with colleagues and industry peers while benefiting from an informative and carefully curated program that will appeal to professionals joining us from all Arab Countries.

Thank you for your support and we look forward to welcoming you.



Mrs. Zehra' Al-Hilali
Organizing Committee Chair
4th Arab Resuscitation Council
Scientific Conference



Dr. Rasha Buhumaid
Conference & Scientific Committee Chair
4th Arab Resuscitation Council
Scientific Conference

Saving Lives
Without Borders

إنقاذ الحياة
بلا حدود

Thank you

to our Sponsors

Titanium (Main Sponsor)

PRESTAN® MENA

Gold Sponsors

مؤسسة دبي لخدمات الإسعاف
DUBAI CORPORATION FOR AMBULANCE SERVICES
إسعاف Ambulance

stryker

شركة صيدلية المدينة
CITY PHARMACEUTICAL CO.

SYMED

GE HealthCare

Act Fast™
Anti Choking Trainer

desertrain



CME ACCREDITED

For Life, We Meet
نجتمع، من أجل الحياة

Board Members

أعضاء مجلس الإدارة

مجلس الإنعاش العربي
Arab Resuscitation Council®

President of the Board

رئيس مجلس الإدارة

Mrs. Zehra' Akram Al-Hilali
Lifesaving Programs Advisor
and Consultant
Dubai, United Arab Emirates (UAE)



أ. زهراء أكرم الهلالي
مستشارة وخبيرة
في مجال برامج الإنعاش
دولة الإمارات العربية المتحدة

Vice President, Administrative Affairs Committee Chair & Founding Member

نائب الرئيس، رئيس لجنة الشؤون الإدارية وعضو مؤسس

Dr. Mahmoud M. Ghanaim
Consultant and Head of the
Emergency Department
Dubai Hospital
Dubai, United Arab Emirates (UAE)



د. محمود محمد غنايم
استشاري طب طوارئ
رئيس قسم الطوارئ في مستشفى دبي
دبي، دولة الإمارات العربية المتحدة

Council Secretary and Foreign Relations Committee Chair & Founding Member

سكرتير المجلس و رئيس لجنة العلاقات الخارجية و عضو مؤسس

Dr. Ahmed T. Gabroun
Consultant of Internal Medicine and
Cardiology
Medical Director, United Medical
Center
Associate Professor, Mohammed Bin
Rashid University of Medicine and
Health Sciences (MBRU)
Dubai, United Arab Emirates (UAE)



د. أحمد تيسير القبرون
استشاري طب الباطنية والقلب
المدير الطبي ليونايتد الطبي
استاذ مشارك في جامعة محمد بن راشد
دبي، دولة الإمارات العربية المتحدة

Board Members
أعضاء مجلس الإدارة

For Life, We Meet
نجتمع، من أجل الحياة

Financial Affairs Committee Chair
رئيس لجنة الشؤون المالية



Dr. Ahmed S. Al-Hajeri
Paramedic
Abu Dhabi, United Arab Emirates (UAE)

د. أحمد صالح الهاجري
إختصاصي طوارئ طبية
أبو ظبي، دولة الإمارات العربية المتحدة

Conferences and Scientific Collaboration Committee Chair
رئيس لجنة المؤتمرات والمشاركات العلمية



Dr. Rasha Buhumaid
Consultant Emergency Medicine
President-elect Asian Society for Emergency Medicine
Dubai, United Arab Emirates (UAE)

د. رشا عيسى بوحميد
استشاري طب الطوارئ
الرئيس المنتخب للجمعية التسيوية لطب الطوارئ
دبي، دولة الإمارات العربية المتحدة

Advisors

المستشارين

مجلس الإنعاش العربي
Arab Resuscitation Council®

Research Committee Chair & Founding Member

رئيس لجنة الأبحاث وعضو مؤسس

Dr. Osama Y. Kentab
Associate Professor of Emergency Medicine/Pediatrics
Consultant Pediatric Emergency Medicine
Riyadh, Kingdom of Saudi Arabia



د. أسامة يوسف كنتاب
أستاذ مشارك طب الطوارئ / طب طوارئ الأطفال
استشاري طب طوارئ الأطفال
الرياض – المملكة العربية السعودية

Training Committee Chair & Founding Member

رئيس لجنة التدريب وعضو مؤسس

Dr. Taghreed I. Al Najjar
Consultant Internal Medicine and Critical Care
Kingdom of Jordan



د. تغريد عيسى النجار
استشاري باطنية وعناية مركزة
المملكة الأردنية الهاشمية

Quality and Strategy Committee Chair & Founding Member

رئيس لجنة الجودة والإستراتيجية وعضو مؤسس

Dr. Ghassan S. Kiwan
Senior Consultant Cardiologist
Professor Medicine-Cardiology
Chairman Internal Medicine Department
Bellevue Medical Center
Beirut, Lebanon



د. غسان سعيد كيوان
استاذ جامعي – استشاري في امراض القلب والشرايين
رئيس قسم الطب الداخلي في مستشفى بلفيو الطبّي الجامعي
بيروت – لبنان

Prof. Wael Almahmeed
Consultant Cardiologist
Cleveland Clinic Abu Dhabi
United Arab Emirates



البروفسور وائل المحميد
إستشاري أمراض القلب، مستشفى كليفلاند أبو ظبي
دولة الإمارات العربية المتحدة

Advisors

المستشارين

For Life, We Meet
نجتمع، من أجل الحياة



Mr. Kharsan Mohammed Almakhalas
Executive in Emergency Medical Services, Medical Education, and Business Administration
Kingdom of Saudi Arabia

خرصان بن محمد آل مخلص
قيادي وخبير في مجال الخدمات الطبية الطارئة والتعليم الطبي وإدارة الأعمال
المملكة العربية السعودية



Dr. Hani Najm
Co-Executive Director of Pediatric and Adult Congenital Heart Surgery
Chair of Pediatric and Adult Congenital Heart Surgery
Cleveland Clinic, Cleveland, Ohio, USA

الدكتور هاني نجم
المدير التنفيذي المشارك لجراحة قلب الأطفال والبالغين الخلقية
رئيس قسم جراحة قلب الأطفال والبالغين الخلقية
كليفلاند كلينك، كليفلاند، أوهايو،
الولايات المتحدة الأمريكية



Dr. Saleh Fares Al-Ali
Consultant, Emergency medicine, EMS and Disaster Medicine
President, International Federation for Emergency Medicine
Abu Dhabi, United Arab Emirates

الدكتور صالح فارس آل علي
استشاري طب الطوارئ والعناية ما قبل المستشفى والكوارث
رئيس الإتحاد الدولي لطب الطوارئ
أبوظبي، الإمارات العربية المتحدة



Mr. Abdullah Bin Suhail Almuhaidali
Secretary General of the Arab Red Crescent and Red Cross Organization
Expert and Leader in the Field of Pre-hospital Emergency Medical Services

الأستاذ عبدالله بن سهيل المهيدلي
الأمين العام للمنظمة العربية للهلال الأحمر و الصليب الأحمر
خبير و قيادي في مجال الخدمات الطبية الطارئة في مرحلة ما قبل المستشفى



Dr. Kadhim Jaffer Sulaiman
Senior Consultant Cardiologist
Oman International Hospital
President, Oman Heart Association

الدكتور كاظم جعفر سليمان
استشاري أول أمراض القلب
مستشفى عمان الدولي
رئيس الجمعية العمانية لطب القلب

Scientific Committee

Sorted alphabetically by first name.

مجلس الإنعاش العربي
Arab Resuscitation Council®

Chair



Dr. Rasha Buhumaid
Consultant Emergency Medicine President-elect
Asian Society for Emergency Medicine
Dubai, UAE

Members



Dr. Ahmed T. Gabroun
Consultant of Internal Medicine and Cardiology
Medical Director, United Medical Center
Associate Professor, Mohammed Bin Rashid University of Medicine and Health Sciences (MBRU)
Dubai, UAE



Dr. Abdullah Bakhsh
Associate Professor of Emergency Medicine
King Abdulaziz University
Jeddah,KSA



Dr. Suhaila Hussain Qayed
Director, Training & Continuing Education Department
Dubai Corporation for Ambulance Services
Dubai, UAE



Mr. Kharsan Al-Makhalas
Vice President
Medical Transport Shared Services Health Holding Company
Ministry of Health
Riyadh, KSA



Dr. Abdulhadi Al Ruwaithi
Assistant Professor of Disaster Science and Management
Consultant of Emergency Medical Services – Emergency Management
Certified Trainer in Occupational Safety
Umm Al-Qura University
Makkah, KSA



Dr. Farah Thabet
Consultant Pediatric Intensivist
Associate Professor in Pediatrics
Monastir University Hospital
Monastir, Tunisia



Dr. Tarek Hazwani
Pediatric Intensive Care Consultant
Associate Professor
Simulation Educator
Professional Trainer
King Saud bin Abdulaziz University for Health Sciences
King Abdullah Specialized Children's Hospital
Riyadh, KSA



Dr. Zainab Alqudah
Assistant Professor (Paramedic Program)
Applied Medical Sciences Department
Jordan University of Science and Technology
Irbid, Jordan

Executive Committee

Sorted alphabetically by first name.

For Life, We Meet
نجتمع، من أجل الحياة

Chair



Dr. Mahmoud M. Ghanaim
Consultant and Head of the
Emergency Department
Dubai Hospital
Dubai, KSA

Members



Dr. Ahmed T. Gabroun
Consultant of Internal Medicine
and Cardiology
Medical Director, United
Medical Center
Associate Professor,
Mohammed Bin Rashid
University of Medicine and
Health Sciences (MBRU)
Dubai, UAE



Dr. Osama Y. Kentab
Associate Professor of
Emergency Medicine/Pediatrics
Consultant Pediatric
Emergency Medicine
Riyadh, KSA



Dr. Rasha Buhumaid
Consultant Emergency
Medicine President-elect
Asian Society for Emergency
Medicine
Dubai, UAE



Dr. Taghreed I. Al Najjar
Consultant Internal Medicine
and Critical Care
Jordan



Mrs. Zehra' Al-Hilali
Lifesaving Programs Advisor
and Consultant
Dubai, UAE

Organizing Committee

Sorted alphabetically by first name.

Chair



Mrs. Zehra' Al-Hilali
President
Arab Resuscitation Council (ArRC)
Lifesaving Programs Advisor and Consultant
Dubai, UAE

Members



Ms. Bindhu Misbahudeen
Life Support Program Lead
Dubai Health Simulation Center
Dubai, UAE



Mr. Mohamed Rouane
EMS Educator – National Ambulance, UAE
Founder & President of Moroccan Life Support Association
Healthcare Simulation specialist
Abu Dhabi, UAE



Mrs. Najwa Musallam
Respiratory Therapist RT1
AHA-certified BLS instructor
King Hussein Cancer Center (KHCC)
Amman, Jordan



Ms. Nihaya Sawalha
Director of the Emergency & Training Department
General Directorate of Emergency, Ministry of Health
State of Palestine



Ms. Ruba A. Ibrahim
Quality Manager
Kingdom of Doctors Training Center
Al Dammam, KSA

Workshops Committee

Sorted alphabetically by first name.

For Life, We Meet
نجتمع، من أجل الحياة

Chair



Dr. Taghreed Issa Al-Najjar
Board Member
Arab Resuscitation Council (ArRC)
Consultant Internal Medicine and Critical Care
Jordan

Members



Mr. Ahmad Nofal
EMS Advanced Educator
Abu Dhabi, UAE



Ms. Fatema Ahmed
Head of First Aid Committee
Bahrain Red Crescent Society
Registered Nurse (Former Head Nurse, 27 years' service)
Manama, Bahrain



Dr. Hadiel Kaiyasah
Consultant General & Colorectal Surgeon
Medcare Hospital
Dubai, UAE



Dr. Lubna Saffarini
Emergency Medicine Physician (ABEM)
MSc Health Professions Education (MBRU)
Arab Resuscitation Council (ArRC)
Dubai,UAE



Mr. Mahmood Janahi
BLS & Heart Saver Instructor
Industrial Nurse
Bapco Energy Company
Manama, Bahrain



Ms. Ruba A. Ibrahim
Quality Manager
Kingdom of Doctors Training Center
Al Dammam, KSA

مجلس الإنعاش العربي
Arab Resuscitation Council®

Workshop Speakers

Sorted alphabetically by first name.



Mr. Ahmad Nofal
EMS Advanced Educator
Abu Dhabi, UAE



Mr. Ahmed Alnuaimi
Emergency Medical Technician Advance
Dubai Corporation for Ambulance Services
Dubai, UAE



Ms. Alia Albadi
Specialized Paramedic
Dubai Corporation for Ambulance Services
Dubai, UAE



Dr. Ali Al Rahma
Emergency Medicine Specialist
Rashid Hospital
Dubai Health
Dubai, UAE

Dr. Ayad Al-Moslih
Board Member
Arab Resuscitation Council (ArRC)
Assistant Professor in Disaster Medicine
Academic Lead of Medical Ultrasound (Point-of-Care-Ultrasound)
School of Medicine, University of Central Lancashire
Manchester, UK
Preston, UK



Ms. Amal Abdullahi Mohamed
Senior Health Education Trainer
Dubai Corporation for Ambulance Services (DCAS)
Dubai, UAE





Ms. Ayat Mousa Younis
Senior Health Education Trainer
Dubai Corporation for Ambulance Services (DCAS)
Dubai, UAE



Ms. Aziza Mohamed Osman
Senior Health Education Trainer
Dubai Corporation for Ambulance Services (DCAS)
Dubai, UAE



Dr. Boudour Khayer
Senior Pediatric Emergency Physician
Al Jalila Children's Speciality Hospital
Dubai, UAE



Mr. Bahaa Mustafa
EMS Advanced Educator
AHA, NAEMT, ASHI Instructor
AREMT Senior Faculty
Field Training Officer & Paramedic
Abu Dhabi, UAE



Dr. Chafika Lasfer
Emergency Medicine Consultant
Fakeeh University Hospital
Dubai, UAE

Workshop Speakers

Sorted alphabetically by first name.

For Life, We Meet
نجتمع، من أجل الحياة



Dr. Dalal Alhaffar
Emergency Medicine Resident
Rashid Hospital
Dubai, UAE



Mr. Fadi Ayman Al Attari
Senior Health Education Trainer
Dubai Corporation for
Ambulance Services (DCAS)
Dubai, UAE



Ms. Fatima Ahmed
Head of First Aid Committee
Bahrain Red Crescent Society
Registered Nurse (Former Head
Nurse, 27 years' service)
Manama, Bahrain



Dr. Hadi Taleb
Clinical Training and Simulation
Consultant
Johns Hopkins Aramco
Healthcare
Dhahan, KSA



Dr. Hadiel Kaiyasah
Consultant Anesthesiologist &
Intensive Care Specialist
Emirates Health Services
Dubai, UAE



Dr. Hanan Alraeesi
Consultant of Pediatric and
Neonatology
Emirates Health Services
Khorfakkan, UAE



Dr. Heba Sabri
Emergency Medicine Physician
Dubai, UAE



Mr. Jaber Alsuwaidi
Emergency Medical Technician
Advance
Dubai Corporation for
Ambulance Services
Dubai, UAE



Dr. Lubna Saffarini
Emergency Medicine Physician
(ABEM)
MSc Health Professions
Education (MBRU)
Arab Resuscitation Council
(ArRC)
Dubai, UAE



Dr. Magdy Imam
Consultant Anesthesiologist &
Intensive Care Specialist
Saqr Hospital
Ras Al Khayma, UAE

Workshop Speakers

Sorted alphabetically by first name.



Mr. Mahmood Akbar
Senior Clinical Training & Simulation Specialist – Johns Hopkins Aramco Healthcare
Dhahan, KSA



Mr. Mahmood Janahi
BLS & Heart Saver Instructor
Industrial Nurse
Bapco Energy Company
Manama, Bahrain



Ms. Maitha Al Kitbi
Specialized Paramedi
Dubai Corporation for Ambulance Services (DCAS)
Dubai, UAE



Dr. Malik Zakaullah
Emergency Medicine Consultant
Dubai Health
Dubai, UAE



Dr. Maryam Makki
Trauma and Surgical Critical Care Fellow
Sheikh Shakbout Medical City (SSMC)
Abu Dhabi, UAE



Dr. M. Wasim Kanaa
Emergency Medicine Specialist
Rashid Hospital
Dubai Health
Dubai, UAE



Dr. Nour Sabobeh
Emergency Medicine Specialist
Rashid Hospital
Dubai Health
Dubai, UAE



Dr. Paurnami Prashanth
Emergency Medicine Resident
Rashid Hospital
Dubai, UAE



Mr. Rashed Abushaikha
Emergency Medical Technician Advance
Dubai Corporation for Ambulance Services
Dubai, UAE



Ms. Ruba A. Ibrahim
Quality Manager
Kingdom of Doctors Training Center
Al Dammam, KSA

Workshop Speakers

Sorted alphabetically by first name.

For Life, We Meet
نجتمع، من أجل الحياة



Dr. Ruhina Sajid
Emergency Medicine Consultant
Mediclinic Welcare Hospital
Dubai, UAE



Dr. Salma Elmisbah
Emergency Medicine Specialist
Rashid Hospital & Garhoud Hospital
Dubai, UAE



Ms. Sara Abdulla
Chief Health Education Instructor
Dubai Corporation for Ambulance Services (DCAS)
Dubai, UAE



Dr. Sania Zia
Emergency Medicine Specialist
Rashid Hospital & Trauma Centre
Dubai, UAE



Dr. Tibah Al Abbasi
Emergency Medicine Specialist
Rashid Hospital & Trauma Centre
Dubai, UAE



Dr. Zainab Alqudah
Assistant Professor (Paramedic Program)
Applied Medical Sciences Department
Jordan University of Science and Technology
Irbid, Jordan

Main Conference Speakers

Sorted alphabetically by first name.

مجلس الإنعاش العربي
Arab Resuscitation Council®



Prof. Andrew Lockey
Consultant in Emergency Medicine
Calderdale and Huddersfield NHS Foundation Trust
Visiting Professor of Emergency Medicine
University of Huddersfield
President
European Resuscitation Council (ERC)
UK



Dr. Abdullah Bakhsh
Associate Professor of Emergency Medicine
King Abdulaziz University
Jeddah, KSA



Mr. Audu Jauro Goji
Quality and Training Manager
Nigerian Red Cross National Headquarters
Abuja, Nigeria



Dr. Beshayer Alrum
Chief Medical Studies Specialist
Deputy Chairperson of the Ethics Committee
Dubai Corporation for Ambulance Services (DCAS)
Dubai, UAE



Mr. Carter Babatunde Olayemi
Senior Training Officer
Nigerian Red Cross
Abuja, Nigeria



Dr. Danish Muhammad Sami
Chief Medical Officer (Act)
SEHA Salma Rehabilitation Hospital
Abu Dhabi, UAE



Mr. Dirk van der Walt
Flight Advanced Care Paramedic (Flight ACP)
UAE's Aeromedical and Search-and-Rescue Environment
Dubai, UAE



Dr. Fahad Samarkandy
Emergency Medicine Consultant
Director of Medical Control Administration
Saudi Red Crescent Authority
KSA

Main Conference Speakers

Sorted alphabetically by first name.

For Life, We Meet
نجتمع، من أجل الحياة



Dr. Hala Al Alem
Senior Consultant Pediatric intensivist.
King Abdullah Specialized Children's Hospital (KASCH)
Riyadh, KSA



Dr. Indira Kannan
Adjunct Clinical Assistant Professor
Mohammed Bin Rashid University (MBRU)
Consultant Anaesthetist
Mediclinic Parkview Hospital
Dubai, UAE



Dr. Maryam Al Nuaimi
President
Emirates Society of Emergency Medicine
Emergency Medicine Consultant
Sheikh Khalifa Medical City (SKMC)
Associate Program Director
Emergency Medicine Residency Program
Adjunct Professor
Mohammed Bin Rashid University (MBRU)
Abu Dhabi, UAE



Dr. Mohammed Shalaby
Consultant in Critical Care Medicine & Adult ECMO Program Lead
Sheikh Khalifa Medical City
Abu Dhabi, UAE



Dr. Hanna Kaade
Dual German Board Certification in General Surgery and Emergency Medicine
Humanitarian Health Advisor
Emergency Medical Team
Mentor with the World Health Organization
Visiting Researcher at Brandenburg Medical School
Germany



Dr. Maitha Alfalasi
Consultant in Emergency Medicine
Dubai Corporation for Ambulance Services (DCAS)
Dubai, UAE



Mr. Marwan Ali Anbar
Chief AI Officer & Ambulance Operations Consultant
Dubai Corporation for Ambulance Services (DCAS)
Dubai, UAE



Dr. Mohammad Anzal Rehman
Specialist Emergency Physician
Geriatric ED Medical Director – Accident & Emergency
Mediclinic City Hospital
Adjunct Clinical Lecturer
Mohammed Bin Rashid University Of Medicine and Health Sciences (MBRU)
Founder/Immediate Past-President
Emirates Collaboration of Residents in Emergency Medicine (ECREM)
Dubai, UAE

Main Conference Speakers

Sorted alphabetically by first name.



Dr. Noor Baig
Assistant Professor, Department of Emergency Medicine
Associate Faculty Member & Physician-in-Lead
Pakistan Life Savers Programme (PLSP)
Centre for Excellence for Trauma & Emergencies (CETE)
The Aga Khan University
Karachi, Pakistan



Mr. Omar Al Awadhi
Deputy Managing Partner
MSA Law
Dubai, UAE



Dr. Omar Noori
Emergency medicine Consultant
Rashid Hospital & Trauma Centre
Simulation education lead GME
Associate Clinical Professor
MBRU
Dubai Academic Health corporation
Dubai, UAE



Dr. Ralph Bou Chebl
Associate Professor of Emergency Medicine
Emergency Ultrasound Fellowship Director
DEM Ultrasound Director
American University of Beirut Medical Centre
Beirut, Lebanon



Dr. Saleh Fares Al-Ali
Immediate Past President
International Federation for Emergency Medicine (IFEM)
Abu Dhabi, UAE



Dr. Sania Zia
Emergency Medicine Specialist
Rashid Hospital & Trauma Centre
Dubai, UAE



Dr. Shafeek Kiblawi
Consultant Emergency Physician
Head of Emergency Department
Mediclinic Parkview Hospital
Dubai, UAE



Dr. Tamer Al Shouha
Adult Emergency Medicine
Emergency Medicine Consultant and Trauma Lead
Sheikh Tahnoon Bin Mohammed Medical City (STMC)
Al Ain, UAE

Main Conference Speakers

Sorted alphabetically by first name.

For Life, We Meet
نجتمع، من أجل الحياة



Dr. Thiagarajan Jaiganesh
Chair of the SEHA Emergency Service Line Council
Chair of the Emergency Department
Sheikh Tahnoon Bin Mohammed Medical City
Al Ain, UAE



Dr. Tarek Hazwani
Pediatric Intensive Care Consultant
Associate Professor
Simulation Educator
Professional Trainer
King Saud bin Abdulaziz University for Health Sciences
King Abdullah Specialized Children's Hospital
Riyadh, KSA



Dr. Zahreddin Abusalah
Chief of Division-Neonatology
Dubai Health
Consultant Neonatologist & HOD NICU
Latifa Hospital
Clinical Associate Professor, MBRU
Dubai, UAE



Dr. Zoubir Boudi
Emergency Medicine Consultant
Head of Emergency Department
Dr. Sulaiman Al Habib Hospital, Dubai
Adjunct Clinical Assistant Professor
University of Sharjah
Dubai, UAE



Dr. Zyad Saeed
Consultant and Head Of Department of Critical Care
Mediclinic City Hospital, Dubai
Adjunct Clinical Professor of Critical Care
Mohammed Bin Rashid University (MBRU)
Dubai, UAE

Moderators

Sorted alphabetically by first name.

مجلس الإنعاش العربي
Arab Resuscitation Council®

Moderating on
Session 1: From Guidelines to Survival



Prof. Andrew Lockey
Consultant in Emergency Medicine
Calderdale and Huddersfield NHS Foundation Trust
Visiting Professor of Emergency Medicine
University of Huddersfield
President
European Resuscitation Council (ERC)
UK



Dr. Maitha Alfalasi
Consultant in Emergency Medicine
Dubai Corporation for Ambulance Services (DCAS)
Dubai, UAE

Moderating on
Plenary Panel 1: From Evidence to Impact: Advancing Resuscitation in the Arab World



Dr. Osama Y. Kentab
Associate Professor of Emergency Medicine/Pediatrics
Consultant Pediatric Emergency Medicine
Riyadh, KSA



Dr. Taghreed I. Al Najjar
Consultant Internal Medicine and Critical Care
Kingdom of Jordan

Moderating on
Session 2: Beyond the Shock: Advanced Strategies in Refractory Cardiac Arrest



Dr. Mahmoud M. Ghanaim
Consultant and Head of the Emergency Department
Dubai Hospital
Dubai, UAE



Dr. Muna Aljallaf
Consultant in Emergency Medicine
Dubai Health
Dubai, UAE

Moderating on
Session 3: AI Across the Chain of Survival



Mr. Marwan Ali Anbar
Chief AI Officer & Ambulance Operations Consultant
Dubai Corporation for Ambulance Services (DCAS)
Dubai, UAE



Dr. Thiagarajan Jaiganesh
Chair of the SEHA Emergency Service Line Council
Chair of the Emergency Department
Sheikh Tahnoon Bin Mohammed Medical City
Al Ain, UAE

Moderators

Sorted alphabetically by first name.

For Life, We Meet
نجتمع، من أجل الحياة

Moderating on
Session 4: After ROSC: Survivorship & Recovery



Prof. Abdullah Shehab
Professor of Cardiovascular Medicine UAE University
Vice President Gulf Intervention Society
Vice President Emirates Cardiac Society
Chair of ISH-MENA
Chair of hypertension working group ECS
Dubai, UAE



Dr. Zyad Saeed
Consultant and Head Of Department of Critical Care
Mediclinic City Hospital, Dubai
Adjunct Clinical Professor of Critical Care
Mohammed Bin Rashid University (MBRU)
Dubai, UAE

Moderating on
Plenary Panel 2: Ethics Under Pressure



Dr. Ahmed T. Gabroun
Consultant of Internal Medicine and Cardiology
Medical Director, United Medical Center
Associate Professor, Mohammed Bin Rashid University of Medicine and Health Sciences (MBRU)
Dubai, UA



Dr. Suhaila Hussain Qayed
Director of Training & Continuing Education Department
Dubai Corporation for Ambulance Services (DCAS)
Dubai, UAE

Moderating on
Session 5: Resuscitation Beyond Hospital Walls



Dr. Shafeek Kiblawi
Consultant Emergency Physician
Head of Emergency Department
Mediclinic Parkview Hospital
Dubai, UAE



Dr. Zainab Alqudah
Assistant Professor (Paramedic Program)
Applied Medical Sciences Department
Jordan University of Science and Technology
Irbid, Jordan

Moderating on
Session 6: Lifelines Across Generations Community and special population Resuscitation



Dr. Ghassan S. Kiwan
Senior Consultant Cardiologist
Professor Medicine-Cardiology
Chairman Internal Medicine Department
Bellevue Medical Center
Beirut, Lebanon



Dr. Zahreddin Abusalah
Chief of Division-Neonatology
Dubai Health
Consultant Neonatologist & HOD NICU Latifa Hospital
Clinical Associate Professor, MBRU
Dubai, UAE

Abstracts Speakers

Sorted alphabetically by first name.



Mr. Abbas Shaaban
Director of Nursing
Bellevue Medical Center
Lebanon



Dr. Ahmed Emara
Physician & Clinical Researcher
Egypt



Mr. Albin Biju
EMS Advanced Clinical Educator & Advanced Care Paramedic
Education & Research Department, National Ambulance
Abu Dhabi, UAE



Dr. Amany Mounir Helal
General Manager of Technical and Specialized Training
Egyptian Ambulance Organization (EAO)
Director, Disaster Medicine and Management Diploma (DMMD)
Princess Fatma Academy,
Ministry of Health and Population
Egypt



Dr. Carlos Yánez
Senior Consultant in General, Trauma and Acute Care Surgery
Mediclinic Parkview Hospital
UAE



Dr. Ahmed Elazab
Medical Intern & Clinical Researcher
Qena University
Egypt



Dr. Alaa Al Amiry
Healthcare Educator and Researcher
DBA, Clermont School of Business
France



Ms. Amal Luqman Hussain
Paramedic Specialist
King Salman Specialized Hospital
Taif, KSA



Mr. Asad Ali
Founder & CEO
Pulse City Ltd
Creator
Vertical Delay Protocol
UK



Dr. Fatima-Zahra
PhD Student in Health Sciences AND Senior Healthcare Professional
Morphosciences Laboratory
Faculty of Medicine and Pharmacy
Cadi Ayyad University
Pediatric Emergency Department
Mohammed VI University Hospital
Morocco

Abstracts Speakers

Sorted alphabetically by first name.

For Life, We Meet
نجتمع، من أجل الحياة



Dr. Firasat Khan
Head of Emergency Services
Emirates Health Services
Fujairah, UAE



Dr. Dalal Alhasan
Assistant Professor
Department of Paramedics
College of Health Sciences
State of Kuwait



Dr. Hamsa Sahlieh
Medical Student
Syrian Private University
Syria



Dr. Houssam El Kimia
Medical Student
Mohammed V University
Morocco



Dr. Hazem E. Mohammed
Medical Intern
Assiut University Hospitals
Egypt



Mr. Hatem Abokhamis
Senior Nurse
Ministry of Health
Kuwait



Dr. Hatem Yaser
Medical Intern
Assiut University
Egypt



Mr. Ibrahim Serag
Medical Intern
Mansoura University Hospitals
Egypt



Mr. Ibrahim Gholeh
Director of EMS and Emergency Services
Ramallah & Al-Bireh Governorate
Palestine Red Crescent Society (PRCS)
Palestine



Mr. Jassem Almualem
Critical Care Nursing Manager
Saud Al-Babtain Cardiac Centre (SBCC)
Eastern Health Cluster
Dammam, KSA

Abstracts Speakers

Sorted alphabetically by first name.



Dr. Ja'far Matalgah
Sixth-year medical student
Jordan University of Science and Technology (JUST)
Jordan



Mr. Jassem Almualem
Critical Care Nursing Manager
Saud Al-Babtain Cardiac Centre (SBCC)
Eastern Health Cluster
Dammam, KSA



Dr. Khalid Sarhan
Medical Intern
Mansoura University Hospitals
Egypt



Dr. Mohamed El-Sherbiny
Head of the Central Administration for Training
Egyptian Ambulance Organization (EAO)
Ministry of Health and Population
Emergency Consultant
Egypt



Dr. Moaz Elsayed
Intern Physician & Researcher
Cairo University
Egypt



Dr. Mohamed Nasser
Medical Intern
Minia University Hospitals
Egypt



Mr. Mohamed Abdalla Rashed
Medical Researcher & Medical Writer
RAY-CRO
Egypt



Dr. Noha Hammad
Clinical Researcher
Peer Reviewer for International Medical Journals
Egypt

Abstracts Speakers

Sorted alphabetically by first name.

For Life, We Meet
نجتمع، من أجل الحياة



Dr. Noor Baig
Assistant Professor, Department of Emergency Medicine
Associate Faculty Member & Physician-in-Lead
Pakistan Life Savers Programme (PLSP)
Centre for Excellence for Trauma & Emergencies (CETE)
The Aga Khan University
Karachi, Pakistan



Ms. Safiya Hamada
Vice President
Bahrain Nursing and Midwifery Society
Bahrain



Dr. Seemin Afshan Shiraz
Consultant Internal Medicine
Mediclinic Parkview Hospital
Clinical Faculty
Mohammed Bin Rashid University
Dubai, UAE



Ms. Sana Loubbairi
Candidate in Health Sciences and Simulation
Research and Innovation Laboratory in Health Sciences
Faculty of Medicine and Pharmacy
Ibn Zohr University
Morocco



Dr. Sadaf Sheikh
Emergency Physcian
Fujairah Hospital
UAE



Dr. Yousef Hawas
Medical Intern
Tanta University Hospitals
Egypt



Dr. Sajjad Ahmed Khan
Deputy Editor-in-Chief
International Journal of Medical Students
Nepal



Dr. Yara AlGoraini
Pediatric Emergency Medicine Consultant
Deputy Director of Pediatric Emergency Medicine Fellowship Program
Head of Innovation, Artificial Intelligence & Emerging Technology
King Fahad Medical City (KFMC), Second Health Cluster (C2)
KSA

4th Arab Resuscitation Council Scientific Conference

المؤتمر العلمي الرابع لمجلس الإنعاش العربي 2026

Saving Lives Without Borders

15-17 OCTOBER 2026

InterContinental Dubai Festival City

Dubai, United Arab Emirates

إنقاذ الحياة بلا حدود

مجلس الإنعاش العربي
Arab Resuscitation Council®

بالتعاون مع:

مؤسسة دبي لخدمات الإسعاف
DUBAI CORPORATION FOR AMBULANCE SERVICES
إسعاف Ambulance

مسعفنا العربي الصغير

طلاب

Young Arabian Saver (YAS)

Students



المهارات العملية التي سيتعلمها الطلاب

- ✓ مهارات الإنعاش القلبي الرئوي واستخدام جهاز مزيل الرجفان الخارجي الآلي
- ✓ كيفية التعامل مع حالات الاختناق
- ✓ كيفية التعامل مع حالات الكسور
- ✓ إيقاف النزيف
- ✓ التعرف على محتويات حقيبة الإسعافات الأولية وكيفية استخدامها

الحصول على شهادة حضور

الخميس
15 أكتوبر 2026

الزمن:
12:00 - 08:00
صباحاً

الرسوم :
100 درهم إماراتي

استمتعوا باستراحة وجبات خفيفة مجانية

الفئة المستهدفة

المرحلة الإعدادية والثانوية
الأعمار من 12-18سنة

المـــدربـــون

رئيس الورشة



أحمد نوفل
مدرب طبي متقدم
الامارات العربيه المتحدة



فاطمة أحمد
مدرب معتمد لبرامج دعم الحياة
مملكة البحرين



محمود جناحي
مدرب برامج طبية
مملكة البحرين



أمل عبدالله
مدرب تثقيف صحي أول
مؤسسة دبي لخدمات الإسعاف
الامارات العربية المتحدة



أيات موسى
مدرب تثقيف صحي أول
مؤسسة دبي لخدمات الإسعاف
الامارات العربية المتحدة



ميثاء الكتبي
مسعف متخصص
مؤسسة دبي لخدمات الإسعاف
الامارات العربية المتحدة



عزيزة محمد
مدرب تثقيف صحي أول
مؤسسة دبي لخدمات الإسعاف
الامارات العربية المتحدة



فادي أيمن
مدرب تثقيف صحي أول
مؤسسة دبي لخدمات الإسعاف
الامارات العربية المتحدة



جابر السويدي
فني طب طوارئ متقدم
مؤسسة دبي لخدمات الإسعاف
الامارات العربية المتحدة



أحمد النعيمي
فني طب طوارئ متقدم
مؤسسة دبي لخدمات الإسعاف
الامارات العربية المتحدة



راشد أبو شيخة
فني طب طوارئ متقدم
مؤسسة دبي لخدمات الإسعاف
الامارات العربية المتحدة



علياء البادي
مسعف متخصص
مؤسسة دبي لخدمات الإسعاف
الامارات العربية المتحدة



سارة درويش
مدرب تثقيف صحي رئيسي
مؤسسة دبي لخدمات الإسعاف
الامارات العربية المتحدة

المقاعد محدودة! بادر بالتسجيل الان لتأمين مكانك وتفادي الرسوم الأعلى يوم المؤتمر

For Life, We Meet
نجتمع، من أجل الحياة

In partnership with

SUPERIOR LIFE SUPPORT INC.

4th Arab Resuscitation Council Scientific Conference 2026
المؤتمر العلمي الرابع لمجلس الإنعاش العربي

Saving Lives Without Borders

15-17 OCTOBER 2026
InterContinental Dubai Festival City
Dubai, United Arab Emirates

إنقاذ الحياة بلا حدود

مجلس الإنعاش العربي
Arab Resuscitation Council

Superior Bleeding Control Workshop



Thursday
15 October 2026

13:30 - 16:15

Enjoy complimentary coffee break and lunch.

FEE
AED 250

TARGET AUDIENCE

- Community bystanders
- Service Workers
- Educators
- Healthcare providers
- Nurses
- Physicians
- EMTs

OBJECTIVES

DURATION
2.5 HRS

01 Explain the basic physiology of bleeding and differentiate between controlled and uncontrolled hemorrhage during group discussion.

02 Demonstrate correct wound compression and packing techniques using hemostatic and non-hemostatic agents.

03 Apply a commercial windlass tourniquet, an improvised alternative, and a bandage during hands-on practice.

04 Demonstrate correct splint application technique for upper and lower extremity injuries during hands-on practice.

05 Identify at least three key steps to maintain personal and scene safety in group discussions and apply them during simulation.

06 Work collaboratively within mixed groups to integrate tourniquet use, wound packing, splint application, improvisation, communication, during a simulation scenario.

All workshop participants will receive a Workshop Attendance Certificate with CME hours upon completion

FACULTY

Workshop Lead



DR. HEBAH SABRI
Emergency Medicine Physician
Dubai, UAE



DR. PAURNAMI PRASHANTH
Emergency Medicine Resident
Rashid Hospital
Dubai, UAE



DR. DALAL ALHAFFAR
Emergency Medicine Physician
Dubai, UAE



DR. TIBAH AL ABBASI
Emergency Medicine Specialist
Al Qassimi Hopsital
Sharjah, UAE

Exclusive access to interactive online materials and videos

Limited seats available! Register early to secure your spot and avoid higher rates on the day of the conference.

CME ACCREDITED

For Life, We Meet
نجتمع، من أجل الحياة

4th Arab Resuscitation Council Scientific Conference
المؤتمر العلمي الرابع لمجلس الإنعاش العربي 2026

Saving Lives Without Borders

15-17 OCTOBER 2026
InterContinental Dubai Festival City
Dubai, United Arab Emirates

إنقاذ الحياة بلا حدود

مجلس الإنعاش العربي
Arab Resuscitation Council®

Leadership in Resuscitation: Beyond Clinical Algorithms Workshop



Thursday
15 October 2026

13:30 - 17:00

Enjoy complimentary coffee break and lunch.

FEE
AED 350

TARGET AUDIENCE

- Physicians
- Residents
- Medical students
- Nurses
- Interns

OBJECTIVES

DURATION
3 HRS

01 Describe key principles of effective resuscitation leadership

02 Discuss non-technical leadership skills to resuscitation scenarios during facilitated tabletop discussions

03 Identify gaps in leadership, communication, situational awareness, and team coordination during tabletop discussions

04 Outline strategies for conducting a structured post-resuscitation debrief

All workshop participants will receive a Workshop Attendance Certificate with CME hours upon completion

FACULTY

Workshop Lead



DR. LUBNA SAFFARINI
Emergency Medicine Physician
MSc Health Professions Education
Arab Resuscitation Council
Dubai, UAE



DR. ALI AL RAHMA
Emergency Medicine Specialist,
Rashid Hospital,
Dubai Health,
Dubai, UAE



DR. CHAFIKA LASFER
Emergency Medicine Consultant,
Fakeeh University Hospital,
Dubai, UAE



DR. M. WASIM KANAA
Emergency Medicine Specialist,
Rashid Hospital,
Dubai Health,
Dubai, UAE



DR. MALIK ZAKAULLAH
Emergency Medicine Consultant,
Dubai Health,
Dubai, UAE



DR. NOUR SABOBEH
Emergency Medicine Specialist,
Rashid Hospital,
Dubai Health,
Dubai, UAE

Limited seats available! Register early to secure your spot and avoid higher rates on the day of the conference.

CME ACCREDITED

For Life, We Meet
نجتمع، من أجل الحياة

4th Arab Resuscitation Council Scientific Conference
المؤتمر العلمي الرابع لمجلس الإنعاش العربي 2026

Saving Lives Without Borders

15-17 OCTOBER 2026
InterContinental Dubai Festival City
Dubai, United Arab Emirates

إنقاذ الحياة بلا حدود

مجلس الإنعاش العربي
Arab Resuscitation Council®

POCUS in the Crash Zone: Resuscitation Intelligence Workshop

Thursday
15 October 2026

08:30 - 16:15

Enjoy complimentary coffee break and lunch.

FEE
AED 800

TARGET AUDIENCE

- Emergency physicians
- Anesthesiologists
- Residents and fellows
- Intensivists
- Acute care physicians
- Advanced Paramedics (3 – 4)

OBJECTIVES

DURATION
8 HRS

01 Simulation-based immersive workshop integrating diagnostics, procedures & resuscitation decision-making.

02 Diagnostic POCUS: Cardiac, Lung, AAA, IVC

03 Procedural POCUS: Vascular access, Pericardiocentesi

04 POCUS in shock and cardiac arrest

05 Integration into ACLS and resuscitation algorithms

06 High-fidelity simulation (megacodes)

All workshop participants will receive a Workshop Attendance Certificate with CME hours upon completion

FACULTY

Workshop Lead



DR. HADIEL KAIYASAH
Consultant General & Colorectal Surgeon
Medcare Hospital
Dubai, UAE



DR. BOUDOUR KHAYER
Senior Pediatric Emergency Physician
Al Jalila Children's Speciality Hospital
Dubai, UAE



DR. HANAN ALRAEESI
Consultant of Pediatric and Neonatology
Emirates Health Services
Khorfakkan, UAE



DR. MAGDY IMAM
Consultant Anesthesiologist & Intensive Care Specialist
Saqr Hospital
Ras Alkhaima, UAE



DR. MARYAM MAKKI
Trauma and Surgical Critical Care Fellow
Sheikh Shakbout Medical City (SSMC)
Abu Dhabi, UAE



DR. RUHINA SAJID
Emergency Medicine Consultant
Mediclinic Welcare Hospital
Dubai, UAE



DR. SANIA ZIA
Emergency Medicine Specialist
Rashid Hospital & Trauma Centre
Dubai, UAE

Exclusive access to interactive online materials and videos

Limited seats available! Register early to secure your spot and avoid higher rates on the day of the conference.

CME ACCREDITED

For Life, We Meet
نجتمع، من أجل الحياة

4th Arab Resuscitation Council Scientific Conference
المؤتمر العلمي الرابع لمجلس الإنعاش العربي 2026

Saving Lives Without Borders

15-17 OCTOBER 2026
InterContinental Dubai Festival City
Dubai, United Arab Emirates

إنقاذ الحياة بلا حدود

مجلس الإنعاش العربي
Arab Resuscitation Council®

The Art of Cardiac Arrest Reporting Workshops



Thursday
15 October 2026

09:00 - 12:30

Enjoy complimentary coffee break and lunch.

FEE
AED 350

TARGET AUDIENCE

- Physicians
- Nurses
- EMS providers
- Healthcare professionals involved in cardiac arrest care
- Healthcare students
- interested in resuscitation science

OBJECTIVES

DURATION
3.5 HRS

01 Why cardiac arrest data matters?

02 Key Utstein variables everyone should know

03 Common documentation mistakes

04 How to extract data from real cardiac arrest cases

05 Real-time documentation during resuscitation

All workshop participants will receive a Workshop Attendance Certificate with CME hours upon completion

FACULTY



Workshop Lead

DR. ZAINAB ALQUDAH
Assistant Professor (Paramedic Program)
Applied Medical Sciences Department
Jordan University of Science and Technology
Irbid, Jordan

Exclusive access to interactive online materials and videos

Limited seats available! Register early to secure your spot and avoid higher rates on the day of the conference.

CME ACCREDITED

For Life, We Meet
نجتمع، من أجل الحياة

In collaboration with

KINGDOM OF DOCTORS

4th Arab Resuscitation Council Scientific Conference
المؤتمر العلمي الرابع لمجلس الإنعاش العربي 2026

Saving Lives Without Borders

15-17 OCTOBER 2026
InterContinental Dubai Festival City
Dubai, United Arab Emirates

إنقاذ الحياة بلا حدود

مجلس الإنعاش العربي
Arab Resuscitation Council

Basic Disaster Life Support (BDLS) Workshop



Thursday
15 October 2026

08:30 - 17:30

Enjoy complimentary coffee break and lunch.

FEE
AED 700

TARGET AUDIENCE

- EMS Providers
- Paramedics
- Emergency Physicians
- Critical Care Staff
- Disaster Management Teams
- Public Health Professionals
- Hospital Administrators
- Medical Students &
- Healthcare Trainees
- Interested ones.

OBJECTIVES

DURATION
9 HRS

01 Describe principles of disaster medicine and disaster management.

02 Identify types of disasters and public health emergencies.

03 Apply the DISASTER paradigm in emergency response.

04 Recognize principles of mass casualty triage.

05 Discuss surge capacity and resource management.

06 Understand principles of personal protective equipment (PPE) and decontamination.

07 Identify hazards related to CBRNE events.

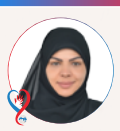
08 Demonstrate teamwork and communication during disaster response.

09 Participate effectively in disaster simulation scenarios.

All workshop participants will receive a Workshop Attendance Certificate with CME hours upon completion

FACULTY

Workshop Lead



MS. RUBA IBRAHIEM
Quality Manager
Kingdom of Doctors
Training Center
Al Dammam, KSA



DR. HADI TALEB
Clinical Training and Simulation Consultant
Johns Hopkins Aramco Healthcare
Dhahran, KSA



MR. MAHMOUD AKBAR
Senior Clinical Training & Simulation Specialist
Johns Hopkins Aramco Healthcare
Dhahran, KSA

Exclusive access to interactive online materials and videos

Limited seats available! Register early to secure your spot and avoid higher rates on the day of the conference.

CME ACCREDITED

For Life, We Meet
نجتمع، من أجل الحياة

4th Arab Resuscitation Council Scientific Conference
المؤتمر العلمي الرابع لمجلس الإنعاش العربي 2026

Saving Lives Without Borders

15-17 OCTOBER 2026
InterContinental Dubai Festival City
Dubai, United Arab Emirates

إنقاذ الحياة بلا حدود

مجلس الإنعاش العربي
Arab Resuscitation Council®

Mass Casualty Incidents' Management Workshop



Thursday
15 October 2026

08:30 - 12:30

Enjoy complimentary coffee break and lunch.

FEE
AED 350

TARGET AUDIENCE

- Health professionals
- Healthcare providers

OBJECTIVES

DURATION
4 HRS

01 Describe key elements of disaster management
02 Discuss the principles of response in mass casualty incidents
03 Demonstrate effective response skills such as communication and triage

All workshop participants will receive a Workshop Attendance Certificate with CME hours upon completion

FACULTY

Workshop Lead



DR. AYAD AL-MOSLIH
Senior Lecturer
School of Medicine and Dentistry
University of Lancashire
Preston, UK



DR. SALMA ELMISBAH
Emergency Medicine Specialist
Rashid Hospital & Garhoud Hospital
Dubai, UAE

Limited seats available! Register early to secure your spot and avoid higher rates on the day of the conference.

CME ACCREDITED

For Life, We Meet
نجتمع، من أجل الحياة

In Collaboration with

الإسعاف الوطني
NATIONAL AMBULANCE

4th Arab Resuscitation Council Scientific Conference
المؤتمر العلمي الرابع لمجلس الإنعاش العربي 2026

Saving Lives Without Borders

15-17 OCTOBER 2026
InterContinental Dubai Festival City
Dubai, United Arab Emirates

إنقاذ الحياة بلا حدود

مجلس الإنعاش العربي
Arab Resuscitation Council



برنامج قدرة لتعليم مهارات إنقاذ الحياة لذوي الصم وضعاف السمع

Ability Program Saving Lives by the Hearing & Speech Impaired People

سيحصل جميع المشاركين و المشاركات على شهادة حضور

السبت
17 أكتوبر 2026

الزمن:
16:00 – 13:00
ظهراً

استمتعوا باستراحة قهوة وغداء مجاناً

المواضيع الرئيسية

- ✓ كسب مهارات إنقاذ الحياة
- ✓ الإنعاش القلبي واستخدام جهاز مزيل الرجفان الخارجي الآلي AED

المدربون والمدربات

رئيس الورشة



محمود جناحي
مدرب برامج طبية
مملكة البحرين



فاطمة أحمد
مدرب معتمد لبرامج دعم الحياة
مملكة البحرين



أحمد نوفل
مدرب طبي متقدم
الامارات العربيه المتحدة



بهاء مصطفى
مدير عمليات
مدرب طبي متقدم
الامارات العربية المتحدة

حصريًا بدعوة



For Life, We Meet
نجتمع، من أجل الحياة

In Collaboration with

الإسعاف الوطني
NATIONAL AMBULANCE

4th Arab Resuscitation Council Scientific Conference
المؤتمر العلمي الرابع لمجلس الإنعاش العربي 2026

Saving Lives Without Borders

15-17 OCTOBER 2026
InterContinental Dubai Festival City
Dubai, United Arab Emirates

إنقاذ الحياة بلا حدود

مجلس الإنعاش العربي
Arab Resuscitation Council



برنامج قدرة لتعليم مهارات إنقاذ الحياة للمكفوفين

Ability Program Saving Lives by the Visually Impaired

السبت
17 أكتوبر 2026

الزمن:
08:30 - 12:30
ظهراً

سيحصل جميع المشاركين و المشاركات على شهادة حضور

استمتعوا باستراحة قهوة وغداء مجاناً

المواضيع الرئيسية

- ✓ كسب مهارات إنقاذ الحياة
- ✓ الإنعاش القلبي واستخدام جهاز مزيل الرجفان الخارجي الآلي AED

المدربون والمدربات

رئيس الورشة



فاطمة أحمد
مدرب معتمد لبرامج دعم الحياة
مملكة البحرين



محمود جناحي
مدرب برامج طبية
مملكة البحرين



أحمد نوفل
مدرب طبي متقدم
الامارات العربيه المتحدة



بهاء مصطفى
مدير عمليات
مدرب طبي متقدم
الامارات العربية المتحدة

حصريًا بدعوة



For Life, We Meet
نجتمع، من أجل الحياة

Scientific Program
Thursday, 15 October 2026

For Life, We Meet
نجتمع، من أجل الحياة

Thursday, 15 October 2026

08:00 - 12:00	**Workshop 1:** Young Arabian Saver (YAS) Students	Mr. Ahmad Nofal
13:30 - 16:15	**Workshop 2:** Superior Bleeding Control	Dr. Hebah Sabri
13:30 - 17:00	**Workshop 3:** Leadership in Resuscitation: Beyond Clinical Algorithms	Dr. Lubna Saffarini
08:30 - 16:30	**Workshop 4:** POCUS in the Crash Zone: Resuscitation Intelligence	Dr. Hadiel Kaiyasah
09:00 - 12:30	**Workshop 6:** The Art of Cardiac Arrest Reporting	Dr. Zainab Alqudah
08:30 - 17:30	**Workshop 7:** Basic Disaster Life Support (BDLS)	Ms. Ruba A. Ibrahim
08:15 - 12:45	**Workshop 8:** Mass Casualty Incidents' Management	Dr. Ayad Al-Moslih

Saturday, 17 October 2026

By Invitation only		
08:30 - 12:30	**Workshop 9:** Ability Workshop - Visually Impaired	Ms. Fatima Ahmed
13:00 – 16:00	**Workshop 10:** Ability Workshop - Speech & Hearing Impaired	Mr. Mahmoud Janahi

Friday, 16 October 2026

مجلس الإنعاش العربي
Arab Resuscitation Council®

Friday, 16 October 2026 — Day 01

07:30	Registration	
08:30 - 10:20	**Session 1: From Guidelines to Survival** *Moderators: Prof. Andrew Lockey and Dr. Maitha Alfalasi*	
Making the Evidence Count: How Guidelines Are Born		Prof. Andrew Lockey
The 2025 Guidelines, Made Simple — Key Changes at a Glance		Dr. Mohammad Anzal Rehman
Beyond the Algorithm: Building High-Performance Resuscitation Teams		Dr. Sania Zia
On Scene, On Time: What Changed in Prehospital Care		Dr. Maitha Alfalasi
Sudden Cardiac Arrest in Nigeria		Mr. Audu Goji Mr. Carter Olayemi
Q&A		
10:20 - 10:40	Coffee Break	
10:40 - 11:10	**Opening Ceremony**	
11:10 - 12:10	**Plenary Panel 1: From Evidence to Impact: Advancing Resuscitation in the Arab World** *Moderators: Dr. Osama Kentab and Dr. Taghreed Alnajjar*	Prof. Andrew Lockey Dr. Saleh Fares
12:10 - 14:10	Friday Prayer & Lunch	
14:10 – 16:00	**Session 2: Beyond the Shock: Advanced Strategies in Refractory Cardiac Arrest** *Moderator: Dr. Mahmoud Ghanaim and Dr. Muna Aljallaf*	
Refractory VF: Beyond the Third Shock		Dr. Tamer Al Shouha
Drugs That Still Matter: Pharmacology Beyond the Guidelines		Dr. Zoubir Boudi
Eyes on the Arrest: POCUS in Refractory Cardiac Arrest		Dr. Ralph Bou Chebel
The Last Resort: ECPR for the Heart That Won't Restart		Dr. Mohamed Shalaby
Q&A		
16:00 - 16:20	Coffee Break	
16:20 - 18:10	**Session 3: AI Across the Chain of Survival** *Moderators: Mr. Marwan Ali Anbar and Dr. Thiagarajan Jaiganesh*	
AI on the Front Line: Smarter Prehospital Care		Mr. Marwan Ali Anbar
AI in the Resuscitation Room		Dr. Maryam Al Nuaimi
Train Like It's Real: Technology-Enhanced Resuscitation Education		Dr. Omar Noori
The Next Decade: Where AI Takes Resuscitation		Dr. Thiagarajan Jaiganesh
Q&A		

Saturday, 17 October 2026

For Life, We Meet
نجتمع، من أجل الحياة

Saturday, 17 October 2026 — Day 02

07:30	Registration	
08:30 - 10:20	**Session 4: After ROSC: Survivorship & Recovery** *Moderator: Prof. Abdulla Shehab and Dr. Zyad Saeed*	
The First Hours After ROSC: Getting Post-Arrest Care Right		Dr. Abdullah Bakhsh
Reading the Brain: Neuroprognostication After Cardiac Arrest		Dr. Zyad Saeed
Life After Survival: The Hidden Cost of Recovery		Dr. Hanna Kaade
Beyond the Patient: Rehabilitation, Caregivers and Returning to Life		Dr. Danish Sami
Q&A		
10:20 - 10:40	Coffee Break	
10:40 - 11:40	**Plenary Panel 2: Ethics Under Pressure** *Moderators: Dr. Ahmed Gabroun and Dr. Suhaila Qayed*	Dr. Beshayer Alrum Dr. Hala Al Alem Mr. Omar Al Awadhi
11:40 - 13:30	**Session 5: Resuscitation Beyond Hospital Walls** *Moderators: Dr. Shafeek Kiblawi and Dr. Zainab Alqudah*	
The Gray Zone Resuscitator: Critical Care When the System Isn't There Yet		Dr. Shafeek Kiblawi
When Resources Run Out: Resuscitation in Limited-Resource Settings		Dr. Noor Baig
Against the Elements: Resuscitation in Austere Environments		Mr. Dirk van der Walt
One Goal, Diverse Communities: Improving ROSC at Hajj		Dr. Fahad Samarkandy
Q&A		
13:30 - 14:30	Prayer & Lunch	
14:30 - 16:00	**Session 6: Lifelines Across Generations Community and Special Population Resuscitation** *Moderators: Dr. Ghassan Kiwan and Dr. Zahreddin Abusalah*	
Advancing Pediatric Simulation from Resuscitation Rooms to Strategic System Assets		Dr. Tarek Hazwani
The First Breath: Evolving Evidence in Neonatal Resuscitation		Dr. Zahreddin Abusalah
Two Lives, One Code: Resuscitating the Pregnant Patient		Dr. Indira Kannan
Q&A		
16:00 - 16:20	Closing Ceremony and Awards	

Oral Abstracts Agenda

مجلس الإنعاش العربي
Arab Resuscitation Council®

Saturday, 17 October 2026 Day 02

Morning Session		
08:30 - 08:40	CPR Knowledge and Self-Efficacy Among Nurses across Diverse Healthcare Settings in Saudi Arabia: A Mixed-Methods Cross-Sectional Study	Mr. Jassem Almualem
08:40 – 08:50	Optimal Route of Vascular Access in Out-of-Hospital Cardiac Arrest: A Meta-analysis of Randomized Controlled Trials	Dr. Khalid Sarhan
08:50 – 09:00	Comparative Effectiveness of Advanced Resuscitation Strategies in Out-of-Hospital Cardiac Arrest: A Systematic Review and Network Meta-Analysis	Mr. Ibrahim Serag
09:00 – 09:10	Evaluating AI-Assisted Serious Games in Cardiac Arrest Training: Pilot Feasibility and Protocol for a Multicentric Non-Inferiority Trial	Dr. Houssam El Kimia
09:10 – 09:20	Efficacy and Safety of Percutaneous Mechanical circulatory Support in Patients with Cardiogenicshock Following Acute Myocardial Infarction - A Meta-Analysis of Randomized Controlled Trials	Dr. Ahmed Elazab
09:20 – 09:30	Low Compliance with Dispatcher-Assisted CPR in a Centralized EMS System: Evidence from the West Bank	Mr. Ibrahim Gholeh
09:30 – 09:40	Rising Utilization of Mechanical CPR Devices and Associated Clinical Outcomes in In-Hospital Cardiac Arrest: A Nationwide Analysis	Dr. Ahmed Emara
09:40 – 09:50	Out-of-Hospital Cardiac Arrest Outcomes Across Arab Countries: A Systematic Review of Observational Studies	Dr. Yousef Hawas
09:50 – 10:10	Break	

Oral Abstracts Agenda

For Life, We Meet
نجتمع، من أجل الحياة

Saturday, 17 October 2026 Day 02

Mid-Morning Session		
10:20 – 10:30	Psychological Sequelae and Quality of Life in Survivors of Out-of-Hospital Cardiac Arrest (OHCA): A Systematic Review and Meta-Analysis	Dr. Hatem Yaser
10:30 – 10:40	Psychological Sequelae and Quality of Life in Survivors of Out-of-Hospital Cardiac Arrest (OHCA): A Systematic Review and Meta-Analysis	Dr. Hazem E. Mohammed
10:40 – 10:50	Impact of ChatGPT-Powered Virtual Patient Simulation on Clinical Judgment in Nursing Students: A Randomized Controlled Trial	Ms. Sana Loubbairi
10:50 – 11:00	Association of Early Versus Late Epinephrine Administration With Outcomes After Pediatric Out-of-Hospital Cardiac Arrest: A Systematic Review and Meta-analysis	Mr. Mohamed Abdalla Rashed
11:00 – 11:10	Every Second Counts: Redesigning Crash Carts to Save Lives in Cardiac Arrests	Mr. Abbas Shaaban
11:10 - 11:20	Cardiovascular Disease Mortality and Overall Mortality Trends Across Arab Countries: A Global Burden of Disease 1990-2023 Analysis with Implications for Resuscitation Policy	Dr. Yousef Hawas
11:20 - 11:30	Survival Benefit of Prone Positioning in Patients on Veno-Venous ECMO: A Meta-Analysis of 3,465 Patients	Dr. Khalid Sarhan
11:30 – 11:40	Epinephrine Administration in Out-of-Hospital Cardiac Arrest: A Systematic Review and Meta-Analysis of Survival and Neurological Outcomes	Mr. Ibrahim Serag
11:40 – 11:50	Impact of Continuous Care on Medication Adherence, Quality of Life, and Clinical Outcomes After Percutaneous Coronary Intervention: A Systematic Review and Meta-Analysis	Dr. Ahmed Emara
11:50 - 12:00	Assessing the Ability of Visually Impaired Individuals to Acquire and Apply Resuscitation and First Aid Skills: A Quasi-Experimental, Controlled Trial	Dr. Hamsa Sahlieh
Conclusion of Oral Abstract Session		
12:20 – 13:30	Main Conference Sessions – Al Baraha 3	
13:30 – 14:30	Prayer & Lunch	
14:30 – 16:40	Main Conference Sessions & Closing Ceremony – Al Baraha 3	

Collaborators & Partners

مجلس الإنعاش العربي
ARAB RESUSCITATION COUNCIL®

Academic Scientific Collaborators

مملكة الأطباء
KINGDOM OF DOCTORS

SUPERIOR LIFE SUPPORT INC.

NIGERIAN RED CROSS

مؤسسة دبي لخدمات الإسعاف
DUBAI CORPORATION FOR AMBULANCE SERVICES
إسعاف Ambulance

Ministry of Health Participation

MINISTRY OF HEALTH & HUMAN SERVICES
FEDERAL GOVERNMENT OF SOMALIA

وزارة الصحة
Ministry of Health
State of Kuwait | دولة الكويت

وزارة الصحة العامة والسكان
Ministry of Public Health & Population

وزارة الصحة
المملكة الأردنية الهاشمية

وزارة الصحة
Ministry of Health

Participating Organization

جامعة أبوظبي
Abu Dhabi University

IFEM
International Federation for Emergency Medicine

بلدية دبي
Dubai Municipality

المنظمة العربية للهلال الأحمر والصليب الأحمر
Arab Red Crescent and Red Cross Organization
ARCO

التحالف الإقليمي للأمراض غير السارية إقليم الشرق الأوسط
EASTERN MEDITERRANEAN NCD ALLIANCE

Collaborators & Partners

For Life, We Meet
نجتمع، من أجل الحياة

Participating Societies

PAKISTAN SOCIETY OF INTERNAL MEDICINE
PSIM

جمعية التمريض والقبالة البحرينية
Bahrain Nursing & Midwifery Society
1991

AFRICAN
FIRST AID COUNCIL

EMIRATES MEDICAL YOUTH SOCIETY
EMYS
شعبة الإمارات لطلبة الطب

MLS

ENA
جمعية التمريض الإماراتية
Emirates Nursing Association

Gulf Society of Neonatology
الجمعية الخليجية لطب الأطفال حديثي الولادة

IFMSA-Jo
الاتحاد الدولي لجمعيات طلبة الطب - الأردن

EICS
شعبة الإمارات للعناية المركزة
Emirates Intensive Care Society

جمعية الهلال الأحمر الفلسطيني
PALESTINE RED CRESCENT SOCIETY

الصليب الأحمر اللبناني
Croix Rouge Libanaise

AFRICAN
SIMULATION
NETWORK

جمعية الهلال الاحمر العراقي
IRAQI RED CRESCENT SOCIETY

Syrian Association of Family Medicine
SAFM

Collaborators & Partners

مجلس الإنعاش العربي
ARAB RESUSCITATION COUNCIL®

Participating Societies

الهلال الأحمر القطري
Qatar Red Crescent

Syrian Thoracic Association 1993

شعبة الإمارات لطب الطوارئ
ESEM
EMIRATES SOCIETY OF EMERGENCY MEDICINE

نادي عجمان لذوي الاعاقة
AJMAN CLUB FOR DISABLED

نادي دبي لأصحاب الهمم
DUBAI CLUB FOR PEOPLE OF DETERMINATION

نقابة فنيي الإسعاف والبراميدك
EMT's & Paramedic's council

SMMU
الجمعية المغربية لطب المستعجلات
SOCIÉTÉ MAROCAINE DE MÉDECINE D'URGENCE
MOROCCAN SOCIETY OF EMERGENCY MEDICINE

Participating Schools

Frontline International Private School
مدرسة فرونتلاين العالمية الخاصة

المواكب
AL MAWAKEB

Young Innovator Zonne

AR Engineering
EMBRACING THE REALITY OF THE FUTURE

نجدة
NAJDA

DOCTIPLAY

إشارة
ESHARA

ساعف

Collaborators & Partners

For Life, We Meet
نجتمع، من أجل الحياة

Educational Partner

إنعاش
INAA'SH
Be A Rescuer | كن منقذاً

Workshop Supporters

ALIGNNEFICIENT™
HEALTH CONSULTANCIES

MAKKAH GROUP OF PHARMACIES
مجموعة صيدليات مكة

الإسعاف الوطني
NATIONAL AMBULANCE

Volunteering Partners

PMC Pakistan Medical Centre

ساند
SANID
مؤسسة الإمارات
BY EMIRATES FOUNDATION

Collaborators & Partners

Mecomed Compliant

Partner Journal

DUBAI MEDICAL JOURNAL

Destination Partner

Saving Lives
Without Borders

إنقاذ الحياة
بلا حدود

IDEAS COME TO LIVE

YOUNG INNOVATOR ZONE

Discover 5 creative ideas & innovations

مجلس الإنعاش العربي
ARAB RESUSCITATION COUNCIL®

AR Engineering
EMBRACING THE REALITY OF THE FUTURE

ساعف

DOCTIPLAY

إشارة
ESHARA

نجدة
NAJDA

CME
ACCREDITTED

For Life, We Meet
نجتمع، من أجل الحياة

Saving Lives
Without Borders

إنقاذ الحياة
بلا حدود

Thank you

to our Sponsors

Titanium (Main Sponsor)

PRESTAN® MENA

Gold Sponsors

مؤسسة دبي لخدمات الإسعاف
DUBAI CORPORATION FOR AMBULANCE SERVICES
إسعاف Ambulance

stryker

شركة صيدلية المدينة
CITY PHARMACEUTICAL CO.

SYMED

GE HealthCare

Act Fast™
Anti Choking Trainer

desertrain



CME ACCREDITED

For Life, We Meet
نجتمع، من أجل الحياة