



# Arab Resuscitation Council Scientific Conference المؤتمر العلمي الأول لمجلس الإنعاش العربي 2023

24 – 26 NOVEMBER 2023 | Marriott Hotel Al Jaddaf  
Dubai, United Arab Emirates



## Recommendations from the 1<sup>st</sup> ArRC Scientific Conference 2023

### Recommendations:

- Creation of a lead agency in each country for strategic oversight of preparedness, response, management and research for out-of-hospital cardiac arrest.
- Development of community response models.
- Legislation of equivalents to the so-called good Samaritan law.
- Implementation of public health initiatives to reduce cardiac risk factors.
- Coordination of public information campaigns on recognition and management of out-of-hospital cardiac arrest, including early access to emergency medical services and early cardiopulmonary resuscitation.
- Improvement in access to automated external defibrillators in high-risk locations and creation of national automated external defibrillator registries.
- Establishment and maintenance of registries of out-of-hospital cardiac arrest in each country in the Arab world which align with international conventions.

### Steps to follow after establishing a resuscitation set up:

1. Establish a National Cardiac Arrest Registry
2. Implement Dispatcher-Assisted CPR with Ongoing Training & QI
3. Implement High-performance CPR with Ongoing Training & QI
4. Implement Rapid Dispatch
5. Voice Record All Attempted Resuscitations
6. Begin or Expand a Program in Police Defibrillation & EMS
7. Establish a Public Access Defibrillation (PAD) Program
8. Supplement Funding & Support Training & QI
9. Institute Hypothermia in All Receiving Hospitals
10. Work Toward a Culture of Excellence